



## Biblical Keys To Healthy Living

By Nosike Elechi-Amadi

AUTHORHOUSE, United States, 2013. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book has been written to highlight the medical dimensions of biblical injunctions. It explains in simple language the health benefits obtainable from living in accordance with the biblical precepts. The Bible encourages health-enhancing habits, such as eating good diets, exercising rightly, and sleeping adequately. In addition, this book also discusses the effects of anger, music, laughter, church attendance, tattoo, marriage, forgiveness, worry/stress, and personal hygiene on human health. The essence is to draw the readers attention to the need to wake up to their responsibilities if they are to enjoy good health, which the Bible promises. Although written with Christians in mind, it is equally beneficial to non-Christians since the concern and desire for good health cut across all religious divides. This book will provide us valuable information and knowledge . . . and will prove to be a handy resource that will keep you away from suffering many things of many physicians. -Rev. Dr. B. U. Okafor.



**READ ONLINE**  
[ 6.9 MB ]

### Reviews

*This publication may be really worth a go through, and a lot better than other. It really is written in simple terms and never difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- **Natalie Abbott**

*This book will not be simple to get going on reading but extremely exciting to read through. Yes, it can be play, still an interesting and amazing literature. I am very easily could possibly get a delight of reading a written book.*

-- **Rene Olson**

## Other Books



### [Hope for Autism: 10 Practical Solutions to Everyday Challenges](#)

Seaborough Enterprises Publishing, United States, 2015. Paperback. Book Condition: New. Initial ed.. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Hope for Autism: 10 Practical Solutions to Everyday Challenges, provides answers to the many questions...



### [Christmas Favourite Stories: Stories + Jokes + Colouring Book: Christmas Stories for Kids \(Bedtime Stories for Ages 4-8\): Books for Kids: Fun Christmas Stories, Jokes for Kids, Children Books, Books for Kids, Free Stories \(Christmas Books for Children\) \(P](#)

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Merry Xmas! Your kid will love this adorable Christmas book with a lot of interesting tales and...



### [400+ Funny Jokes: Funny Jokes for Kids](#)

Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. 400+ Funny Jokes for Kids! Are you looking for a fun book to keep the kids entertained and happy? This funny...



### [Spanky the Mouse](#)

Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The biggest failure in life for any parent, or anyone raising a child is, if the Child grows up to...



### [100+ Knock Knock Jokes: Funny Knock Knock Jokes for Kids](#)

Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Hilarious Knock Knock Jokes for Kids! Are you looking for a fun book to keep the kids entertained and happy? This...



### [Knock Knock! 150+ Knock Knock Jokes for Kids: Funny Jokes for Kids](#)

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Funny Knock Knock Jokes for Kids! Joke telling is very fun and can bring a smile to the...