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Insights into Spiritual Living

By C.R. Bhansali

Motilal Banarsidass Publishers Pvt. Ltd., New Delhi, India, 1997. Hardcover. Book Condition: New. Dust Jacket Condition: New. 'Insights into spiritual Living' is a sincere endeavour to delve deeply into the spiritual world and its hidden potential which can rid the world of all its problems and bring about happiness in individual life. The writer tries to explain the concept of spirituality in the first two chapters and throws light on the varying conceptions of spirituality as perceived and understood by various faiths. In the following chapters he tells us about a popular form of spirituality practised by most Jains in the world called Samayik (state of equanimity) and asserts that it is non-sectarian and has a universal appeal in it. He further tries to convince the readers of the need to spiritualize politics and business which are largely responsible for the violence and ecological degradation closing in on us steadily. He also reveals his own spiritual experiences and pleads forcefully for the integration of spirituality into our lifestyle. Spirituality is in fact the key to happiness and success in life. Printed Pages: 122.



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